



NEWCOMERS AND NEIGHBORS CLUB February, 2015 NEWSLETTER



Dear friends,

Don't let the winter doldrums get to you - there is still plenty to do for those willing to bundle up and step outside. Check this newsletter for some of the many opportunities to get involved with your neighbors.

Thanks to the program committee for a very interesting presentation by Animal Welfare Society last month. Who knew that we had such a wonderful facility right here in West Kennebunk!

Be sure to check out the "bleak midwinter" festival coming up at the end of this month. It promises to be a warm and wonderful event.

Our February speaker will enlighten us on some of the services offered to senior citizens in this area that can prove extremely useful to all of us - if not now, then down the road a bit!

See you soon, and stay warm!

Alice Ferran
President



Bleak Mid-winter "Gala"

Shake off the doldrums. Laugh at the icy weather! Break out and party!



When?..January 29 (snow date-the 30th 5:00 pm)

Where?..Kennebunkport Conservation Trust

What?..Chili dinner followed by Mexican Train (a dominos game--no special skills needed to play).

Register by 1/22/15 with Susan Boak at susan@theboaks.com or 571-8254

See flyer at end of newsletter for details.



Calling All Artists!



The Newcomers regular meeting in April will feature our first Newcomer artists night.

We invite any Newcomer to display 1 - 3 items and participate in a panel discussion. The Q&A for the panel discussion will feature questions such as "How did you begin your work?", or "What medium do you use?", etc.

Please email Donna Murphy at dmmurphy775@gmail.com if you are interested in participating.

February Meeting

Our February meeting will be At the Community House in Kennebunkport at 7:00 PM on February 5th.. Refreshments will be available at 6:30 and after the meeting as usual. Our speaker will be Ted Trainer from the Southern Maine Agency on Aging.

Ted Trainer is a resident of Kennebunk and a member of the Kennebunkport rotary club. He is the Director of Healthy Aging at the Southern Maine Agency on Aging, which provides many services for seniors in York and Cumberland counties. In that position he supervises the senior nutrition programs, Maine Senior Games, and evidenced based programs related to falls prevention, chronic disease and pain self-management. In York County, he is co-chair of the York District Public Health Council, a member of various boards and groups relating to food insecurity, sits on a task for force working on the problem of hoarding, and is active in the Thriving in Place movement, which aims to enable older people stay in their own homes for the rest of their lives.



He received his MSPH, Dr. P.H. degrees from the University of North Caroline at Chapel Hill, and before coming to Maine in 2000 served for many years in various international public health assignments, including 15 years with the United Nations Population Fund and UNICEF, 11 years of that time in Japan and Pakistan. He also held a key position in establishing the international public-private sector partnership to eradicate poliomyelitis.



For more than four decades the Southern Maine Agency on Aging (SMAA) has provided the resources, programs and people to ensure than older adults and adults living with disabilities in Cumberland and York counties maintain their vitality well past the age of sixty. The Agency provides many services and programs for seniors on a variety of issues, be they financial, medical, or personal. SMAA offers seminars to help navigate the array of insurance and Medicare options, delivers important dietary and fitness practices and provides older adults with the opportunity to stay active in the community via participation or voluntarism. This presentation will provide an overview of these opportunities with time to focus on particular pieces of that mosaic of greatest interest to the members.

MONTHLY GET TOGETHERS



Partners' Bridge^t
Jan. 31th

Partners Bridge
Our February meeting will actually be on the last day of January, due to Super Bowl

Sunday. Marina and Bill Foster will host on Saturday, January 31, at 6:00 pm. If you wish to play, please contact Marina at 502-7107 or email her at marinafoster30005@yahoo.com to secure a spot. FMI on Partners Bridge, contact Carolyn Kershaw at cgkershaw@gmail.com or 967.3487.

Brown Baggers Book Group



Feb. 2nd

The Brown Baggers Book Group will meet on February 2 at 12:30 pm. We will be discussing **Euphoria** by Maine author Lily King. If interested in joining the group please contact Susan Boak at susan@theboaks.com.

Knitting Group Feb. 3rd, 17th

Knit/Crochet/Crafts Group will meet again on Feb. 3rd at 1:30 at Marie Ali-Hassan's home at 37 Sycamore Lane, Kennebunk. Please RSVP to Marie at 467-3421 or nadsch@yahoo.com. After Tues. Feb 3rd we will next meet on Tuesday, Feb. 17th, location: TBD, and March 3rd at TBD.

RSVP Annette 967-3453/
ambg6@yahoo.com

Breakfast Group Feb. 10th

After our January hiatus, we will return to David's for breakfast on Tuesday, February 10 at 9:00. After December's rave reviews, we were encouraged to return. So if you missed December, here is a second opportunity. RSVP to Carolyn Kershaw at cgkershaw@gmail.com or 967.3487.



The Jan Movie Group will be on Feb. 15th. Contact Bill Shubert at wags2@roadrunner.com or 967-2275 to get on the list for more info.

The Men's Lunch Bunch



The Newcomer's Men's Lunch Bunch will meet on Tuesday Feb 17th, 2015 at 12:00 noon at Duffy's Tavern and Grill in downtown Kennebunk. No reservations are required. Please call George Acker, our interlocutor at 967-1085 or ackerg@gwi.net with any questions

Outing Group
Feb 18th



Evelina Vaughan will be leading a hike or snowshoe, depending on the conditions, on the Eastern Trail on February 18th at 10am.

Meet at the Kennebunk Elementary School off Rt 35 (177 Alewife Rd,) as the trail starts at the far end of the parking lot.

Call Evelina for details (207) 251-3673 or RSVP to jeannemariiekpt@gmail.com.

Ladies Lunch
Feb 26th



In February, we'll head out to avoid the inevitable cabin fever, but we'll stick close to home. Join us at The Kennebunk Inn, 45 Main Street in Kennebunk

(www.thekennebunkinn.com) for lunch at noon on February 26. After lunch, we'll head up to 117 Main Street to the Brick Store Museum (www.brickstoremuseum.org) to see the exhibit, "Kennebunk History in 50 Objects." Admission to the museum will be \$5 per person for our group. Please email Mary Lynne mlmarnell@gmail.com if you plan to

attend.

Bridge Group Meet every Wednesday from 1pm to 3 pm in the back room at Duffy's Irish Bar on route 1 in Kennebunk. Friendly games of bridge for women and men seeking to improve their game by playing regularly. Pat Briggs is the coordinator at 967-3180 or pandamb@roadrunner.com.

TGFuN TBA

NEWCOMERS SPECIAL INTEREST GROUPS

These are the additional ones in place at this time; we are always anxious to start new ones. With new ideas or for more info, contact Alice Ferran.

****New group coordinators are needed for some activities.**

****Sign-ups do not carry from year to year, and are open to all paid Club members.**

Signup sheets for these groups will only be at the first one or two meetings of each fall; thereafter contact the group leader to join. Since some groups continue to meet in the summer, we are listing all currently organized.



The Gourmet Group - Shared meals are planned and prepared around a theme.

Those interested should contact Marina Foster, marinafoster30005@yahoo.com, or 404-433-9252.



“Scott Sargent” Poker Knights—

Herb Cohen (967-8374 or hcohen@perfcon.com); 1st Tues.

Habitat for Humanity: Contact [Doug Fraser](mailto:Doug.Fraser@habitat.org) if you have questions, or just visit the [Habitat ReStore](http://HabitatReStore.com) in Kennebunk..

Movie Group – Bill Shubert at wags2@roadrunner.com or 967-2275. Group meets from October to April, on the third Sunday of the Month to go to a movie and dinner.

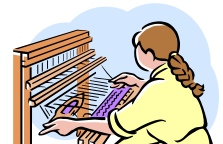
Scrabble— Dave Kelly and Donna Ricci at driccidkelley@gmail.com or 204-5012. New players of all levels are welcome. Group meets once a month on 3rd Monday at 6:30 PM at members' homes.



**Knitting. - Crocheting. -
Needlepoint. - Other
Crafts**

Knit, crochet, craft group meets twice each month. For information contact

Annette Bowler
Ambg6@yahoo.com, or 967-3353.



HOLIDAY PARTY
December 4, 2014
Coastal House in Wells

CLUB CALENDAR

Check off the events in which you want to participate

- | | | | |
|--------------------------|-----------------------------|----------|-----------------------------------|
| <input type="checkbox"/> | Jan. 29 th | 5 PM | Mid-Winter Gala* |
| <input type="checkbox"/> | Jan. 31 st | 6 PM | Partners' Bridge* |
| <input type="checkbox"/> | Feb. 2 nd | 12:30 PM | Brown Baggers Book Group* |
| <input type="checkbox"/> | Feb. 3 rd | 1:30 PM | Knitting & Craft Group |
| <input type="checkbox"/> | Feb. 4 th | 1 PM | Bridge Group |
| <input type="checkbox"/> | Feb. 5 th | 7 PM | Club Meeting |
| <input type="checkbox"/> | Feb. 11 th | 1 PM | Bridge Group |
| <input type="checkbox"/> | Feb. 14th | | VALENTINES DAY |
| <input type="checkbox"/> | Feb. 15 th | TBA | Movie Group |
| <input type="checkbox"/> | Feb. 16 th | 6:30 PM | Scrabble Group |
| <input type="checkbox"/> | Feb. 17 th | 1:30 PM | Knitting & Craft Group |
| <input type="checkbox"/> | Feb. 18 th | 1 PM | Bridge Group |
| <input type="checkbox"/> | Feb. 18 th | 10 AM | Outing Group* |
| <input type="checkbox"/> | Feb. 25 th | 1 PM | Bridge Group |
| <input type="checkbox"/> | Feb. 27 th | 5 PM | TGFuN |



*Reservation Required

If you have time-sensitive news for all Club members, contact Jim Anderson anytime. A special email could be possible. revjima@yahoo.com or 985-8823. This is your newsletter!

Directory changes as of January 16, 2015

Please print, fold and insert in your directory

New Members:

Feldman, Ann Rinaldi

arinad60@gmail.com

Cell: 973-216-7887

PO Box 366 (33 Portview Lane), Kennebunk

Fuller, Barbara

kennebunk76@gmail.com

Cell: 772-418-2522

76 Plymouth Grove Dr, Kennebunk

Gaulin, Jeffrey & Lucille Gentsch

967-5623

bwgief@earthlink.net

lucillegen@gmail.com

Cell: 318-7304 (L)

139 Mills Rd, Kennebunkport

Gentsch, Lucille & Jeffrey Gaulin

967-5623

lucillegen@gmail.com

Cell: 318-7304 (L)

bwgief@earthlink.net

139 Mills Rd, Kennebunkport

Directory changes

email:

Zani, Leo

leoz37leo@aol.com

Cohen, Herb & Judy

cohenhj100@gmail.com

Cell phone:

Eiselen, Jackie

502-5605

Address:

Anderson, Jim & Lee

11 Moncton Ct. (Kennebunk)

Cohen, Herb & Judy

PO Box 3085 (Kennebunkport)

BLEAK MID-WINTER GALA

Come for an evening of good food, good friends and good fun. Relax by the fireplace, while laughing at the temperatures and chuckling at the snowy weather.

What: Chili Dinner followed by a game of Mexican Train (a dominoes game—no skill needed easy to learn).

When: Thursday, January 29 at 5:00 PM (snow date Friday)

Where: Kennebunkport Conservation Trust, 53 Gravelley Brook Road

What- to do: Notify Susan Boak (susan@theboaks.com) 571-8254 to bring:

----Chili in a crock pot OR

----a salad OR

----a dessert OR

----a \$5 donation

By January 22nd

BYOB

Soft drinks and Beer will be provided

Prize for the top Mexican Train Score